



Ottawa County Health Department

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Illness Linked to Margarita's Restaurant in Holland

There is a suspected outbreak of gastrointestinal (GI) illness causing diarrhea and/or vomiting linked to Margarita's Restaurant in Holland. If you have experienced these symptoms after eating at Margarita's please contact the Ottawa County Health Department at (616) 393-5645 to report your illness.

Symptoms of GI illness may include:

- Nausea
- Vomiting
- Diarrhea
- Cramping
- Muscle aches
- Chills
- Low-grade fever, generally lasting 1-2 days

Due to vomiting and diarrhea it is important to stay hydrated. Contact your doctor with questions regarding care.

GI illness can be spread by fecal-oral transmission through food or water, person-to-person spread, or surface-to-person spread. Some GI illness can quickly and easily spread. To help prevent the spread:

- Wash your hands frequently
- Stay home from school, work, and events while sick
- Avoid contaminated foods, water, and surfaces
- Do not prepare food for others if you are ill
- Disinfect with a bleach-based cleaning solution
- Washing soft surfaces (sheets, towels, toys) in hot water in washing machines
- Use a high temperature carpet cleaner on upholstered surfaces